

Day Schedules Level 1 2016								
Day 1		Day 2		Day 3				
8:00	<b>Registration</b>		Lecture 4	Clinical reasoning in DN: The role of agonists and atagonists	Practical 7 Rotator cuff: Supra, Infra, Teres Minor, Subscapularis		8:00	
8:15	Lecture 1	Historical overview					8:15	
8:30	Lecture 2	SDN Neurophysiology	Practical 3	Lumbar spine: Multifidus, Longissimus, Iliocostalis,			8:30	
9:30						9:30		
10:00	<b>TEA</b>		<b>TEA</b>		<b>TEA</b>		10:00	
10:15	Lecture 3	Clean field	Practical 4	Spleni, semispinalis, cervical traps, occipital attachments and small needles dorsal spine.	Practical 8	Anterior hip/Groin: TFL, Psoas, Sartorius,	10:15	
11:15	Practical 1	SDN incl Fascia & Scars			Practical 9	Quadriceps	11:15	
12:00	Case study 1	Use of SDN in clinical setting	Lecture 5	Chann Gunn			12:00	
12:30	<b>Lunch</b>		<b>Lunch</b>		<b>Lunch</b>		12:30	
13:30	Lecture 3	DDN Neurophysiology	Case study 2	Radicular pain	Practical 10	Adductors	13:30	
14:00	Practical 2	Gluteals & piriformis					Practical 5	Rhomboids, Trapezeii & Levator Scapulae
14:30								
15:30	<b>TEA</b>		<b>TEA</b>		<b>TEA</b>		15:30	
15:45	Practical 12	Gastrox and Soleus	Practical 6	Lats, Pec Major, Teres Major	Case study 3	Arthritic hip	15:45	
17:00	<b>Close</b>		<b>Close</b>					
		8,5			9			9
<b>Daily needle count</b>		<b>21</b>			<b>24</b>			<b>25</b>
<b>Hours:</b>		26,5						
<b>Theory</b>		5						
<b>Practical</b>		12,5						
<b>Case study</b>		3						
<b>Breaks</b>		3						
<b>Total</b>		<b>23,5</b>						